**Playdoh Recipe (non-cook)**

 2 cups plain flour

1 cup salt

2 teaspoons Cream of tartar

2 tablespoons of vegetable oil

2 cups boiling water

Method :

Add all dry ingredients to pan /bowl

Add vegetable oil and then boiling water (Try adding some green food colouring/ mint essence to add smell)

Stir well with wooden spoon

Turn mixture on to floured board and knead well. Ensure it is cool before use!

 Store in an airtight container

\*If dough is sticky, just add more plain flour.

Your child can have endless fun with dough. It is very therapeutic and can calm children as they play with it. They will develop fine motor skills as they roll, flatten, pinch, squeeze, twist and create shapes and characters. To develop vocabulary, you might talk about the parts of their hands as they do this- fingers, palms, thumbs and how we use these to manipulate the playdoh. Use words to describe what dough feels/smells like. Allow the child to be creative but you could suggest making buns and practice counting/singing 5 currant buns and use mathematical language big/ bigger many / a few. They could make short/long/longer snakes/worms. Can they make an animal? What shapes do they need? Tell me how many legs? How will they make its tail- short or longer?

Useful website: [www.theimaginationtree.com](http://www.theimaginationtree.com)

This website contains lots of ideas/activities for you to try with your child during this time of uncertainty.